

SCHOOL HOLIDAY WORKSHOP

Monday 5th July

9am-12pm

Goodlife Community Centre, Buderim

**GIRLS AGED
8-12 YRS**



TWEEN TALK: DON'T JUST DREAM IT, DO IT!

A workshop designed to help your Tween dream big, set goals and take action!

This workshop will cover the importance of having dreams and goals and the practical element of turning these dreams into achievable and attainable goals. This is such an important skill to learn, not only will it serve her now and throughout her life but achieving goals, be it big or small, is a huge boost to self-esteem and confidence.

We will identify with your tween her specific dreams and goals in all facets of her life, from friendships to family relationships, to school work, to goals outside the school setting. She will be taught a specific technique so she can turn her dreams and goals into her reality!

**REGISTER
NOW**

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DETAILS VISIT:**

www.headstartpsychology.com.au



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