

Supporting Sunny Coast families

sunshinecoastfamilies.com.au

WE ARE HERE TO HELP



This year we are all feeling the financial strain of end of year celebrations, Christmas, and getting ready for back to school in 2021. Here are a few services that can help.

family and child connect

13-FAMILY

13-32-64

Family and Child Connect can help you find the right support for your family. They have information about where to find support for your family, housing, financial support and worries of domestic violence.

The Sunshine Coast Team is available Monday to Friday 8:30 - 5:30 and will be open over the school holidays (closed public holidays).

local community and neighbourhood centres

Your local community and neighbourhood centres are the hub of your community. They are a great place to find support, find out what is happening in your community can connect with other families.

Your local centres are:

Caloundra Community Centre 5491 4000

Nambour Community Centre 5441 4724

Maroochydore Neighbourhood Centre 5443 6696

Maleny Community Centre. 5429 6043

Pomona and District Community House 5485 2427

Follow them on Facebook to find out all that they have going on at their centres



back to school

Back to school can be an expensive time of the year for families. Most schools have Chaplains and Guidance Officers that may be able to support with second hand uniforms.

You can also apply for a NILS loans up to \$1500 to cover school resources.

<https://goodshepherdmicrofinance.org.au/services/no-interest-loan-scheme-nils/>

To buy or sell second hand school uniforms check out the Sustainable School Shop.

www.sustainableschoolshop.com.au

oneplace.org.au

Community Services Directory

Food relief



TalkingFamilies
help kids grow

oneplace.org.au has lots of information about where to find information or support for you and your family. It doesn't matter if you are looking for accommodation to food or even help to find a job. Hop online and check it out.

REACH OUT TO YOUR VILLAGE



Your school, child care service, of out of school hours care can also help. If you need assistance with child care or school resource fees please talk to your service Director, or front office staff at your school.



Christmas can be a hard time of the year. If you are in need of a Christmas Hamper please reach out to the local Salvation Army on 5491 8653.

If you are in Noosa and in need of food relief contact The Hub Food Outlet on 5449 9658

how to help each other



If you know of other families that are in need of support, let them know that there is help out there, where to find it, and that it is ok to ask for help.

24/7 support

kids helpline 1800 55 1800

parentline 1300 30 1300

lifeline 13 11 14

Headspace chat eheadspace.org.au

Headspace 1800 650 890 (9am-1am)