







# 1-2-3 MAGIC<sup>®</sup> & EMOTION COACHING PARENT COURSE

Learn to understand and manage difficult behaviour

A three-session program for parents and carers at Maleny State School in the Meeting Room near the school library on Tuesday morning from 9am to 12 midday.

Dates of sessions: 6th, 13<sup>th</sup> and 20<sup>th</sup> of March, 2018.

## Learn:

- √ To engage your children's cooperation by positively noticing and encouraging them
- ✓ To set clear expectations and help them to develop frustration tolerance
- √To help children's brains to develop filters for behaving well
- √To resolve family conflict quietly
- ✓ Some simple strategies to practise being a calm parent

Register for this course by dropping in personally to school office, by emailing or calling Maleny State School on: 07) 5499 8333.

Cost: No cost involved. Costs for booklets will be met by Maleny State School.

# What people are saying...

What a relief to come across a program that preserves the dignity of the child, maintains the self control of both the parent and the child and is actually easy to remember when memory is the first thing to go!

I realised quickly that 1-2-3 Magic can be a magnificent preventative measure that any parent can use to avoid raising a child who later down the line, needs excessive discipline or grows out of control

## Who is running it?

The presenter for this course is Deb Price who has completed Parentshop's 1-2-3 Magic® & Emotion Coaching practitioner training on 27 May, 2011.

Deb has been working as a Behaviour Support Consultant for the past 16 years in Sunshine Coast schools. She has also worked as both a classroom teacher and guidance officer for Ed QLd schools. Deb currently works across both Primary and High School in the Sunshine Coast Hinterland.

# For more information contact

Deb Price on 0400075138

Or email: dpric19@eq.edu.au

1-2-3-Magic is supported by Sunshine Coast Ed. Qld. Schools.

• An end to the arguing and yelling! • It saved our lives • Simple, sane, effective

This course is being run by a Parentshop® licensed practitioner. www.parentshop.com.au